

Wakefield
Caregiver
Support
Group

alzheimer's association®

the compassion to care, the leadership to conquer

This free dementia caregiver support group meets on the 2nd and 4th Wednesdays of the month in the evening.

➔ New members **must** call prior to attending.

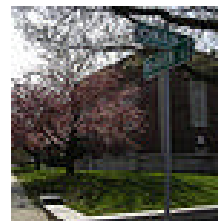
The support group's facilitator is Dawn Edwards. Dawn is currently the Program Manager for an area adult day health center and has been in charge of dementia care programs in a variety of other settings including assisted living facilities and nursing homes. In the past, Dawn lead groups in long term care facilities; she started this group as a volunteer over 3 years ago to meet the needs of people in the community who have a loved one with Alzheimer's.

About the group:

The group meets twice a month to accommodate the busy lives of caregivers. Currently the group members are mostly sons and daughters who have a parent with Alzheimer's disease or a related dementia. The group meets year round and regularly schedules education events and speakers to help further the members' understanding of Alzheimer's care.

For the past 2 years the group has had a team of walkers at Memory Walk. Memory Walk is the nation's largest event to raise awareness and funds for Alzheimer care, support and research. Since 1989, Memory Walk has raised more than \$300 million for the cause.

The group meets at the Lucius Beebe Memorial Public Library. There is street parking available. The Library is accessible by the Orange Line and bus, and via the Commuter Rail.



Visit <http://www.wakefieldlibrary.org/libraryinfo/hours/> for directions.